



# THE 5 FUNDAMENTALS OF EFFECTIVE CAMPS



## FAITH CENTERED

Faith teachings and practices are not peripheral or intermittent aspects of the camp experience, but rather are experienced as intertwined in all other characteristics.



## SAFE SPACE

The strong sense of safety at camp includes physical, but also an emphasis on emotional safety. Participants described camp as a place where they could be themselves without fear of judgment.



## PARTICIPATORY

The camp environment emphasizes experience and agency. Participants learn and grow through active, kinesthetic activities that employ their body, mind, and soul.



## UNPLUGGED FROM HOME

Camp exists in a set apart location that provides physical and emotional distance from environments that participants consider normal, allowing them to see the world and their place in it differently.



## RELATIONAL

Camp experience is framed in a relational environment that includes living together, meeting new people, practicing reconciliation, and encountering the other in face-to-face interaction.